



HELPING ONE ANOTHER

ESSENTIALS

- Prescription Medication
- 🔵 Pillow
- Sleeping Bag
- 🔵 Underwear & Socks
- Shorts & T-shirts
- Long Pants & Long Sleeve Shirts
- Sweaters
- 🔿 Pajamas
- Bathing Suit (one piece only)
-) Jacket or a Raincoat
- 🔿 Hat
- Beach Towel & Bathing Towel
- Running Shoes
- 🔵 Bible, Notebook & Pen
- O Bug Spray
- 🔾 Sunscreen
- \bigcirc Flashlight

TOILETRIES

- 🔘 Toothbrush & Toothpaste
- 🔘 Body Wash
- 🔵 Shampoo & Conditioner
- Comb or Brush

BONUS

- Clothes for themed meals (Copa Cabana, twin night)
- Outfit for fruit social (wacky dance)
- Fitted Sheet (single size for a camp bunk – unless otherwise told by Mybro)
- Flip flops or sandals
- O Board or card games
- Spending money for tuck shop, hub, or camp store

DO NOT BRING

In order to make sure that you have a great time volunteering, and for the safety of everyone, we ask that you do not bring food (unless in a sealed container so as not to attract wildlife to the cabins), weapons of any kind (including knives), drugs or alcohol (including vapes, cigarettes or anything of the kind).